



# LET'S BLEND

## FINELY DICED MUSHROOMS

PRODUCT INNOVATION FOR FOODSERVICE



## GENERAL BLENDING SUGGESTIONS

### GROUND MEAT:

- Beef
- Chicken
- Lamb
- Pork
- Turkey

### ENTRÉES:

- Burgers
- Meatballs
- Tacos
- Meatloaf
- Sloppy Joes
- Burritos
- Enchiladas
- Casseroles
- Chili
- Sauces
- Bowls
- Soup
- Omelets

### OCCASIONS:

- Appetizer
- Lunch
- Breakfast
- Dinner

Available in 40 oz. and 8 oz. Sizes

Nutrition Facts	
30 servings per 40 ounce pouch	
Serving size	
1.33 oz. or 2 1/2 Tbsp	(38g)
Amount per serving	
<b>Calories</b>	<b>10</b>
% Daily Value*	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 5mg	0%
<b>Total Carbohydrate</b> 2g	<1%
Dietary Fiber <1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
<b>Protein</b> <1g	
Iron 0.3mg	2%
Not a significant source of Vitamin D, Calcium, or Potassium.	
*The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
Per 100g	
Amount per serving	
<b>Calories</b>	<b>25</b>
% Daily Value*	
<b>Total Fat</b> 0.29g	0.37%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 18.5mg	0.8%
<b>Total Carbohydrate</b> 5.09g	1.9%
Dietary Fiber 2.4g	8.6%
Total Sugars 2.34g	
Includes 0g Added Sugars	0%
<b>Protein</b> 1.87g	
Vitamin D 0.2mcg	1%
Calcium 11mg	0.85%
Iron 0.79mg	4.4%
Potassium 129mg	2.7%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Mushrooms, Citric Acid (as a preservative).

Monterey Mushrooms, Inc. | 800-333-MUSH | www.montereymushrooms.com

Contact your Acosta Sales Representative or

Tom McMunn at 636-375-1031