



# Finely Diced Mushrooms

Product Innovation for Foodservice

FINELY DICED MUSHROOMS



## General Blending Suggestions

### GROUND MEAT:

- Beef
- Chicken
- Lamb
- Pork
- Turkey

### ENTRÉES:

- Burgers
- Meatballs
- Tacos
- Meatloaf
- Sloppy Joes
- Burritos
- Enchiladas
- Casseroles
- Chili
- Sauces
- Bowls
- Soup
- Omelets

### OCCASIONS:

- Appetizer
- Breakfast
- Lunch
- Dinner

Available in 40 oz. and 8 oz. Sizes

### Nutrition Facts

30 servings per 40 ounce pouch

Serving size

1.33 oz. or 2 1/2 Tbsp (38g)

Amount per serving

**Calories 10**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 5mg 0%

**Total Carbohydrate** 2g <1%

Dietary Fiber <1g 3%

Total Sugars <1g

Includes 0g Added Sugars 0%

**Protein** <1g

Iron 0.3mg 2%

Not a significant source of Vitamin D, Calcium, or Potassium.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Nutrition Facts

Per 100g

Amount per serving

**Calories 25**

% Daily Value\*

**Total Fat** 0.29g 0.37%

Saturated Fat 0g

*Trans* Fat 0g

**Cholesterol** 0mg

**Sodium** 18.5mg 0.8%

**Total Carbohydrate** 5.09g 1.9%

Dietary Fiber 2.4g 8.6%

Total Sugars 2.34g

Includes 0g Added Sugars

**Protein** 1.87g

Vitamin D 0.2mcg

**Calcium** 11mg 0.85%

**Iron** 0.79mg 4.4%

**Potassium** 129mg 2.7%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Mushrooms, Citric Acid (as a preservative).

Monterey Mushrooms, Inc. | 800-333-MUSH | [www.montereymushrooms.com](http://www.montereymushrooms.com)

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